

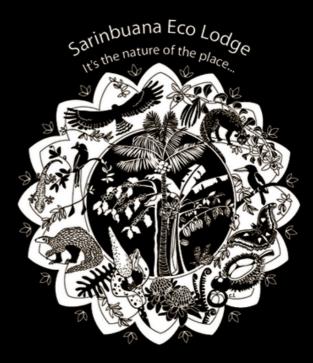




MENU

We highlight seasonal Traditional Balinese dishes drawing from the abundant array of locally grown spices, grains, veggies & pulses.

Many of the items on our menu are grown here in our Permaculture Gardens or on our Organic coffee & vegetable farm 10 minutes walk from the lodge



ebaliecolodge

QUALITY INGREDIENTS

All our meals are prepared onsite using quality ingredients

No palm oil or MSG Local coconut oil, palm sugar replaces sugar, organic rice & probiotic chicken



8AM - 9PM Our meals are prepared daily, without microwaves, we need some time to harvest from our gardens

> WAIT TIME FOR OUR MEALS 30 - 40 MINUTES

EDIBLE GARDEN TOUR

An informative free 1 hour culinary & medicinal tour of the lodge gardens. We have planted everything on our grounds over 30yrs

» Please ask in the office if you would like to join this 1 hour tour

Our Plant book is available for sale in the shop

SPECIALITIES

BALINESE SPICES

The Organic spices used to flavor our meal are all freshly harvested from our gardens and surrounds. Kencur, Galangal, Turmeric, Tamarind, Ginger & Lemongrass.

PALM SUGAR (ARENGA PINNATA) Sourced locally from the Arenga Palm (not coconut) and added as a sugar/honey replacement throughout our menu. Rich in fiber & calcium to aid digestion.

DAUN KELOR (MORINGA OLEIFERA) This super food leaf contains gram for gram, 7x the vitamin C of oranges, 4x the calcium of milk, 4 x the vitamin A of carrots, 2x the protein of milk & 3 x the potassium of bananas.

WHAT IS A LAWAR?

A lawar is a Balinese dish using seasonal leaf vegetables such as cassava, spinach or amaranth combined with grated coconut and spices.

WHAT IS A SAMBAL?

Sambal is an Indonesian spicy side dish, made from a variety of ingredients such as tomato, gingerflower, lemongrass, lime and always with chili.

KIDS PORTIONS AVAILABLE FOR MEALS (40% off)

NIGHTLY DINNER SPECIALS

Each night we offer a Special meal option, often a local Balinese dish, using local ingredients

APPETIZERS & SNACKS

BRUSCHETTA

75K

Grilled homemade red & black rice bread topped with tomato & capsicum with a drizzle of sesame oil served with small side salad

SNACK MEDLEY for 2-4 people

100K

Mixed plate of - hummus, local feta cheese, salsa dip, homemade: seasonal fruit chutney, pita slices & krupuk

INDONESIAN SNACK MEDLEY 100K for 2-4 people

Mixed plate of - Tofu & vegetable sate, peanut brittle, fried tempe, krupuk, peanut sauce, sambal ulek & matah

| BUFFALO WINGS Cauliflower & broccoli double battered and deep fried, with homemade sweet & sour spicy chipotle & tamarind sauce | 85k |
|--|-----|
| » Chicken | 95K |
| FRIED TEMPEH WITH SAMBAL | 60K |
| HERBED POTATO FRIES | 60K |
| HUMMUS DIP WITH CRACKERS | 60K |
| TOMATO SALSA WITH CRACKERS | 60K |
| SAMBAL (Balinese dips & sauces) » Tomato & chilli » Mentah » Peanut sauce | 20K |

BALINESE CRACKERS

homemade

BOWLS

95K

| NOODLE | 65K |
|--|------------|
| A delicious clear & light soup with garden greens | |
| served with wheat or rice noo | |
| » With Tofu, Tempeh » With Chicken | 75K 85K |
| » With Chicken | 0 J K |
| бото | 90K |
| An indonesian clear soup with tofu or tempeh, vermicelli noodles, fried shallots, boiled egg and chopped celery | I |
| » with chicken | 100K |
| All served with homemade I Black rice bread or Organic | |
| VEGETABLE SOUP | 75K |
| Blended seasonal vegetables f | rom the |
| garden combined with organic | herbs |
| TOMATO SOUP | 75K |
| Blended Tomato from the gard combined with local herbs. Please ask to add chili | en |
| BALINESE CURRY | 100K |
| Creamy coconut Balinese Curr | |
| with organic spices & veg tofu or tempeh, served with Organic rice | , |
| » with chicken | 110K |
| TOM YUM | 80K |
| A spicy Thai favorite with | |
| lemongrass, our home-grown | |
| mushrooms & Organic spices. | |
| Served with local Organic rice | |
| » With Tofu or Tempeh | 85K |

:

30K

» With Chicken

INDONESIAN

*Spicy on request

NASI GORENG

80K

Local Organic rice, stir-fried with Sambal, garden greens & homemade vegetable crackers (krupuk) » with Thinly Shredded Omelet 85K » with Tofu or Tempeh 85K » with Chicken 90K

MIE GORENG

Pan-fried noodles with Balinese spices & Garden greens 85K » with Tofu or Tempeh 90K » with Chicken

CAP CAY

80K

80K

cashew. Served with Organic Rice » with Tofu or Tempeh 85K » with Chicken 90K GADO GADO 90K

A delicious steamed mixed

vegetable soup with roasted

Assorted steamed vegetable salad with tofu, tempeh & peanut sauce dressing with Organic rice » with boiled egg 95K

LALAPAN

90K

Deep fried tempe, tofu and eggplant served with spicy tomato sambal, sayur urab, peanut brittle & Organic rice >> with chicken 100K



NON LOCAL DISHES

SPICY THAI CURRY

| Local seasonal greens, Asian coriander,lemongrass & coconut | 100K |
|---|------|
| cream served with a side of rice » With Chicken | 110K |
| FALAFEL WRAP Sweet potato wrap with homemade chickpea falafels and | 100K |
| hummus, served with Moroccan cucumber, tomato and peanut | |
| salad » with feta cheese | 110K |

FRITTATA

Local eggs whipped with fresh organic herbs, potato & tomato pan fried, served with side salad

100K LINDA'S FAMOUS LENTIL STEW

A heartwarming rich tomato herbed brown lentil stew with potato & carrot Served with steamed Organic rice or home made black rice bread

SAMOSA AND DAL

100K

100K

95K

1001

2 homemade vegetable samosas served with yellow lentil dal, rice & homemade made local fruit chutney

PAPPARDELLE MARINARA

Homemade pappardelle pasta tossed in homemade tomato herb sauce served with parmesan cheese & fresh oregano » with Tempeh 'meatballs'

25K

All prices inclusive of 10.5% tax and 6% service

SALAD PLATTER

 FOR 2 PEOPLE
 225K

 4 PEOPLE
 390K

A selection of our best Salads – Fiddlehead fern tip, Forever young & Asian topped with edible flowers, a side of Raw garden wraps, cashew mayo & homemade red rice bread



SANDWICHES

FRESH OR TOASTED WITH OUR HOMEMADE RED RICE or WHEAT ROLL

| » Extra chicken | +20K |
|-------------------------|------|
| » Extra egg | +10K |
| » Extra Cheddar or feta | +15K |

SCHNITZEL ROLL

Breadcrumbed chicken breast or tempeh with slaw and mustard mayo

| » Tempeh | 75K |
|-----------|-----|
| » Chicken | 85K |

| ASIAN | TEMPE | ROLL |
|-------|-------|------|

65K

75K

Thinly sliced marinated tempe in coriander, lime cumin with fresh cucumber, capsicum and garden greens

MEDITERANIAN ROLL

Herb marinated capsicum and eggplant with hummus, feta cheese, olives, garden greens •

SALADS GARDEN TO TABLE

All salads are served with our Homemade Red & Black Rice Bread

ASIAN FLAIR SALAD

90K

A colorful array of garden greens, spiralled carrot, cabbage, beans, papaya & rice noodles tossed with a sesame chili

| soy aressing | |
|---------------|------|
| » With Tempeh | 95K |
| | 1051 |

» With Chicken 105K

FOREVER YOUNG 90K

Fresh healing herbs & greens from our garden- gotu kola & daun kelor, tossed with a zesty lemongrass/ ginger/turmeric dressing and topped with chopped peanuts, sunflower & pumpkin seeds

FIDDLEHEAD FERN TIP

90K

A crispy fresh salad with wild harvested organic fern tips mixed with shredded coconut and coconut dressing

TAMARIND TEMPEH SALAD 90K

Salad greens from the garden served with marinated tempeh and sweet, sour & spicy tamarind dressing

| » Chicken | 100K |
|-----------|------|
|-----------|------|

RAW GARDEN WRAP 95K

Raw local vegetables greens wrapped in steamed leaves, served with a creamy cashew mayo & side salad



SPECIAL DINNERS



PIZZA NIGHT

Wood fire oven can be started up by arrangement for 5 or more people Please see our pizza menu & enquire at the kitchen

BBQ

Our barbecue is ideal for groups & gatherings With notice we can arrange BBQ: whole fresh fish, chicken, kebabs,

tempeh and vegetables

Spit roasted Balinese pig by Arrangement for groups

2 Days notice required



Tasty local ingredients for this special dinner are harvested seasonally from our Permaculture gardens.

Showcasing Balinese flavours in this medley of local dishes, served in handwoven banana leaf plates- A taste of what we do best!

Vegetarian, vegan or chicken options

ROMANTIC DINNER FOR 2 PEOPLE

900K

A romantic Balinese candle light dinner, with our local Balinese flute and Rendik players, sending sweet sounds across the garden to you.

(Please book in advance)



Please let us know if you are celebrating a special occasion during your stay with us. We can prepare a personalised cake for you

- » Chocolate cake, with chocolate mousse inside
- » Hummingbird with pineapple & salak with a lemon glaze icing

(Please book in advance)

| SWEETS | |
|---|-----|
| REAL COKLAT MOUSSE Organic Cacao Nibs sourced from our Garden, blended with local coconut flesh. Rich in flavor, egg and diary-free | 65K |
| CASSAVA DOUGHNUT BALLS Homemade cassava doughnut balls served with palm sugar syrup and a scoop of homemade ice cream | 65K |
| BUBUR INJIN Warm black rice pudding, with coconut cream and palm sugar syrup | 65K |
| HOMEMADE VEGAN ICE CREAM Please see the blackboard for today's flavors made from local fruits | 50K |
| COCONUT CREAM CARAMEL Our asian inspired cream caramel with coconut cream, organic vanilla seeds, topped with palm sugar syrup – has eggs | 65K |
| FRUIT PLATTER A medley of local tropical seasonal fruits | 35K |
| CREPES OR FLAPJACKS 2 Pan-fried crepes or flapjacks with a scoop of ice cream of your choice topped with palm sugar syrup. » Vegan option available | 50K |
| SNAKE FRUIT CRUMBLE Baked organic snake fruit from our gardens, topped with freshly grated coconut, oats, palm sugar, and a scoop of ice cream of your choice. | 65K |

Served hot or cold



All prices inclusive of 10.5% Tax and 6% Service